

Foundational Competencies in Older Adult Mental Health

Resource List

June 2022

General Resources

- Area Agencies and Aging: <https://www.usaging.org/>
- CATCH-ON: <https://catch-on.org/>
 - CATCH-ON continuing education modules: <https://www.catch-onlearn.com/>
 - CATCH-ON community education modules: <https://catch-on.org/oaf-home/oaf-online-education/>
- E4 Center of Excellence for Behavioral Health Disparities in Aging: <https://e4center.org/>
 - E4 Center Toolkits: <https://e4center.org/resources/#toolkit>
 - E4 Center webinar archive: <https://e4center.org/webinars/>
- Eldercare Locator: https://eldercare.acl.gov/Public/About/Aging_Network/AAA.aspx
- GeroCentral: <https://gerocentral.org/>
- Rush Center for Excellence in Aging: <https://aging.rush.edu/>

Module Specific Resources

Attitudes about Aging

- CATCH-ON Education for Health Care Clinicians: <https://catch-on.org/hp-home/hp-education/>
- Council of Professional Geropsychology Training Programs: <https://copgtp.org/>
- Geriatric Research Education and Clinical Center (GRECC): <https://www.va.gov/Grecc/>
- Geriatric Workforce Enhancement Programs: <https://www.americangeriatrics.org/programs/gwep-coordinating-center>
- Reframing Aging Initiative: <https://www.reframingaging.org/>
- Senior Intervention Hotline for Crisis Support Services: <https://www.ioaging.org/services/friendship-line>
- Well Connected Front Porch: <https://covia.org/programs/well-connected/>

Depression in Older Adults

- Services and Advocacy for GLBT Elders (SAGE): <https://www.sageusa.org/>

Anxiety in Older Adults

- Treating Substance Use Disorder in Older Adults UPDATED 2020. Substance Abuse and Mental Health Services Administration. <https://e4center.org/wp-content/uploads/2020/12/SAMHSA-TIP-26-Treating-Substance-Use-Disorder-in-Older-Adults.pdf>

Psychopharmacology for Older Adults

- 2019 American Geriatrics society Beers Criteria®: <https://www.americangeriatrics.org/media-center/news/older-people-medications-are-common-updated-ags-beers-criteriar-aims-make-sure>

Cognition and Aging, Part 1 and 2

- Alzheimer's Association: <https://www.alz.org/>

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Common Life Issues for Older Adults

- A Place for Mom: www.aplaceformom.com
- Committee on Aging of the American Psychological Association: <https://www.apa.org/pi/aging/cona#:~:text=CONA%20works%20toward%20the%20optimal,new%20CONA%20members%20each%20August>
- National Alliance for Caregiving: <https://www.caregiving.org>
- Eldercare Locator: <https://eldercare.acl.gov/Public/Index.aspx>
- Extra Help with Medicare Prescription Drug Plan Costs: <https://www.ssa.gov/benefits/medicare/prescriptionhelp.html>
- Family Caregiver Alliance: <https://www.caregiver.org/>
- Five Wishes: <https://www.fivewishes.org>
- Patient Priorities Care: <https://patientprioritiescare.org>

End of Life and Grief in Older Adults

- Education in Palliative and End of Life Care: <https://www.bioethics.northwestern.edu/programs/epec/>
- Palliative Care: <https://www.who.int/news-room/fact-sheets/detail/palliative-care>
- Palliative Care Network of Wisconsin: <https://www.mypcnow.org/fast-facts/>
- Schwartz Center Rounds: <https://www.theschwartzcenter.org/programs/schwartz-rounds>
- The Conversation Project: <https://theconversationproject.org/>
- Vital Talk: <https://www.vitaltalk.org/>

Trauma and Post Traumatic Stress Disorder in Older Adults

- SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach: https://ncsacw.acf.hhs.gov/userfiles/files/SAMHSA_Trauma.pdf

Practice Issues in Older Adult Mental Health Care

- E4 Center's Utilizing Cross-Sector Partnerships to Reduce Behavioral Health Disparities in Older Adults Toolkit: <https://e4center.org/resources/#toolkit>
- Medicare: <https://www.medicare.gov>
- Medicare Learning Network: <https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNGenInfo>
- Program of All-Inclusive Care for the Elderly (PACE): <https://www.medicaid.gov/medicaid/long-term-services-supports/program-all-inclusive-care-elderly/index.html>
- Psychiatric Collaborative Care services Model: <https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/BehavioralHealthIntegration.pdf>
- State Health Insurance Assistance Program: <https://www.shiphelp.org/>
- The Caregiver Advise, Record, Enable Act (CARE Act): <https://www.hss.edu/caregiver-guide.asp>
- US Department of Veterans Affairs Home-based Primary Care program: https://www.va.gov/geriatrics/pages/Home_Based_Primary_Care.asp

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Substance Use

- SAMHSA Treatment Improvement Protocol, TIP #26:
<https://store.samhsa.gov/product/treatment-improvement-protocol-tip-26-treating-substance-use-disorder-in-older-adults/PEP20-02-01-011>
- Screening, Brief Intervention, and Referral to Treatment (SBIRT):
<https://www.samhsa.gov/sbirt#:~:text=SBIRT%20is%20a%20comprehensive%2C%20integrated,risk%20of%20developing%20these%20disorders>