

# Foundational Competencies in Older Adult Mental Health

## Common Life Issues

### References

#### Slide 4 - Employment Changes for Older Adults

- Kinsella, K., & He, W. (2009). An Aging World: 2008. Washington DC: Census Bureau.
- Wang, M., & Shultz, K. S. (2010). Employee retirement: A review and recommendations for future investigation. *Journal of Management*, 36(1), 172-206.
- Wang, M., Henkens, K., & van Solinge, H. (2011). A review of theoretical and empirical advancements. *The American psychologist*, 66(3), 204–213. <https://doi.org/10.1037/a0022414>
- Wang M. (2007). Profiling retirees in the retirement transition and adjustment process: examining the longitudinal change patterns of retirees' psychological well-being. *The Journal of applied psychology*, 92(2), 455–474. <https://doi.org/10.1037/0021-9010.92.2.455>
- Cahill, K. E., Giandrea, M. D., & Quinn, J. F. (2006). Retirement patterns from career employment. *The Gerontologist*, 46(4), 514–523. <https://doi.org/10.1093/geront/46.4.514>

#### Slide 5 - Volunteer Roles and Meaningful Leisure

- Bass, S.A. & F.G. Caro: 1995, 'Dimensions of productive engagement', in S. Bass (ed.), *Older and Active: How Americans over 55 Are Contributing to Society*, (Yale University Press, New Haven), pp. 71–96
- Baker, L. A., Cahalin, L. P., Gerst, K., & Burr, J. A. (2005). Productive activities and subjective well-being among older adults: The influence of number of activities and time commitment. *Social Indicators Research*, 73(3), 431-458.
- Houseal, J., Ray, K., & Teitelbaum, S. (2013). Identifying, confronting and disrupting stereotypes: Role on the Wall in an intergenerational LGBTQ applied theatre project. *Research in Drama Education: The Journal of Applied Theatre and Performance*, 18(2), 204-208.
- Kling, E., & Kimmel, D. (2006). 15. SAGE: New York City's Pioneer Organization for LGBT Elders. In *Lesbian, gay, bisexual, and transgender aging* (pp. 265-276). Columbia University Press.
- Badgett, M. V., Choi, S. K., & Wilson, B. D. (2019). LGBT poverty in the United States: a study of differences between sexual orientation and gender identity groups.

#### Slide 6 - Financial Changes

- Federal Interagency Forum on Aging-Related Statistics. *Older Americans 2016: Key Indicators of Well-Being*. Federal Interagency Forum on Aging-Related Statistics. Washington, DC: U.S. Government Printing Office. August 2016.
- Kingson, E.R., & Checksfield, M.W. (2015). Advancing a retirement income security agenda for all generations. *Public Policy & Aging Report*, 25 (2), 47-51.
- Hacker, J.S. (2008). *The great risk shift: The new economic insecurity and the decline of the American dream*. New York: Oxford University Press.
- Mojtabai, R., & Olfson, M. (2003). Medication costs, adherence, and health outcomes among Medicare beneficiaries. *Health affairs*, 22(4), 220-229.
- Zhang, J. X., Lee, J. U., & Meltzer, D. O. (2014). Risk factors for cost-related medication non-adherence among older patients with diabetes. *World Journal of Diabetes*, 5(6), 945.

#### Slide 7 - Living Environment Changes

- Park, S., Han, Y., Kim, B., & Dunkle, R. E. (2017). Aging in place of vulnerable older adults: Person–environment fit perspective. *Journal of Applied Gerontology*, 36(11), 1327-1350.

# Foundational Competencies in Older Adult Mental Health

## Common Life Issues

### References

- Shiu, C., Muraco, A., & Fredriksen-Goldsen, K. (2016). Invisible care: Friend and partner care among older lesbian, gay, bisexual, and transgender (LGBT) adults. *Journal of the Society for Social Work and Research*, 7(3), 527-546.
- SAGE & AARP Illinois. (2021, October). Disrupting Disparities: Solutions for LGBTQ New Yorkers Age 50+. <https://www.sageusa.org/wp-content/uploads/2021/10/disrupt-disparities-lgbtq-report-il-2021.pdf>

#### Slide 8 - Aging in Place

- Greenfield, E. A. (2012). Using ecological frameworks to advance a field of research, practice, and policy on aging-in-place initiatives. *The Gerontologist*, 52(1), 1-12.
- Vasunilashorn, S., Steinman, B. A., & Liebig, P. (2012). Ageing in place. *Journal of Ageing Research*, 2012.

#### Slide 10 - Resources for Life Transitions

- Barbosa, L. M., Monteiro, B., & Murta, S. G. (2016). Retirement adjustment predictors—A systematic review. *Work, Aging and Retirement*, 2, 262–280.
- Noone, J. H., Stephens, C., & Alpass, F. M. (2009). Preretirement planning and well-being in later life: A prospective study. *Research on Aging*, 31(3), 295-317.
- Barnett, I., van Sluijs, E. M., & Ogilvie, D. (2012). Physical activity and transitioning to retirement: a systematic review. *American journal of preventive medicine*, 43(3), 329-336.
- SAGE. (2021, September 1). SAGENet National Affiliates. <https://www.sageusa.org/what-we-do/sagenet-national-affiliates/>

#### Slide 15 - Older Adults Caring for Older Adults

- AARP and National Alliance for Caregiving. *Caregiving in the United States 2020*. Washington, DC: AARP. May 2020. <https://doi.org/10.26419/ppi.00103.001>
- Diverse Elders Coalition. (2021, March 17). Caring For Those Who Care Toolkit. SAGE. <https://www.sageusa.org/resource-posts/caring-for-those-who-care-toolkit/>
- Burgdorf, J. G., Arbaje, A. I., & Wolff, J. L. (2020). Training needs among family caregivers assisting during home health, as identified by home health clinicians. *Journal of the American Medical Directors Association*, 21(12), 1914-1919.
- Weiss, C. O., Gonzalez, H. M., Kabeto, M. U., & Langa, K. M. (2005). Differences in amount of informal care received by non-Hispanic whites and Latinos in a nationally representative sample of older Americans. *Journal of the American Geriatrics Society*, 53(1), 146-151.
- Dilworth-Anderson, P., Williams, I. C., & Gibson, B. E. (2002). Issues of race, ethnicity, and culture in caregiving research: A 20-year review (1980–2000). *The Gerontologist*, 42(2), 237-272.

#### Slide 16 - Older Adults Caring for Children with Disabilities & Grandchildren

- Hayslip, B., Fruhauf, C. A., & Dolbin-MacNab, M. L. (2019). Grandparents Raising Grandchildren: What Have We Learned Over the Past Decade?. *The Gerontologist*, 59(3), e152–e163. <https://doi.org/10.1093/geront/gnx106>
- Generations United (2015). The state of grandfamilies in America: 2014. Retrieved from <http://www.gu.org/RESOURCES/Publications/StateofGrandfamiliesinAmerica2015.aspx>

# Foundational Competencies in Older Adult Mental Health

## Common Life Issues

### References

- Carr, G. F., Gray, J., & Hayslip Jr, B. (2012). Needs for information about supportive resources: A predictor of needs for service and service use in African American grandmother caregivers. *Journal of Intergenerational Relationships*, 10(1), 48-63.
- Hayslip, B., Jr., Maiden, R. J., Page, K. S., & Dolbin-MacNab, M. L. (2015). Grandparenting. In P. A. Lichtenberg, B. T. Mast, B. D. Carpenter, & J. Loebach Wetherell (Eds.), *APA handbook of clinical geropsychology, Vol. 1. History and status of the field and perspectives on aging* (pp. 497–511). American Psychological Association. <https://doi.org/10.1037/14458-021>

#### Slide 17 - Caregiver Challenges

- Baker, L. A., & Silverstein, M. (2008a). Preventive health behaviors among grandmothers raising grandchildren. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 63, S304–S311. [oi:10.1093/geronb.63.5.S304](https://doi.org/10.1093/geronb.63.5.S304)
- Schulz, R., Beach, S. R., Czaja, S. J., Martire, L. M., & Monin, J. K. (2020). Family caregiving for older adults. *Annual review of psychology*, 71, 635.
- Mausbach, B. T., Roepke, S. K., Ziegler, M. G., Milic, M., von Känel, R., Dimsdale, J. E., ... & Grant, I. (2010). Association between chronic caregiving stress and impaired endothelial function in the elderly. *Journal of the American College of Cardiology*, 55(23), 2599-2606.
- Doris, S. F., Cheng, S. T., & Wang, J. (2018). Unravelling positive aspects of caregiving in dementia: An integrative review of research literature. *International Journal of Nursing Studies*, 79, 1-26.
- Pendergrass, A., Mittelman, M., Graessel, E., Özbe, D., & Karg, N. (2019). Predictors of the personal benefits and positive aspects of informal caregiving. *Aging & mental health*, 23(11), 1533-1538.
- Mausbach, B. T., von Känel, R., Roepke, S. K., Moore, R., Patterson, T. L., Mills, P. J., ... & Grant, I. (2011). Self-efficacy buffers the relationship between dementia caregiving stress and circulating concentrations of the proinflammatory cytokine interleukin-6. *The American Journal of Geriatric Psychiatry*, 19(1), 64-71.
- Harmell, A. L., Chattillion, E. A., Roepke, S. K., & Mausbach, B. T. (2011). A review of the psychobiology of dementia caregiving: a focus on resilience factors. *Current psychiatry reports*, 13(3), 219–224. <https://doi.org/10.1007/s11920-011-0187-1>
- Mausbach, B. T., Chattillion, E., Roepke, S. K., Ziegler, M. G., Milic, M., von Känel, R., Dimsdale, J. E., Mills, P. J., Patterson, T. L., Allison, M. A., Ancoli-Israel, S., & Grant, I. (2012). A longitudinal analysis of the relations among stress, depressive symptoms, leisure satisfaction, and endothelial function in caregivers. *Health psychology : official journal of the Division of Health Psychology, American Psychological Association*, 31(4), 433–440. <https://doi.org/10.1037/a0027783>
- von Känel, R., Mills, P. J., Dimsdale, J. E., Ziegler, M. G., Allison, M. A., Patterson, T. L., Ancoli-Israel, S., Pruitt, C., Grant, I., & Mausbach, B. T. (2020). Effects of Psychosocial Interventions and Caregiving Stress on Cardiovascular Biomarkers in Family Dementia Caregivers: The UCSD Pleasant Events Program (PEP) Randomized Controlled Trial. *The journals of gerontology. Series A, Biological sciences and medical sciences*, 75(11), 2215–2223. <https://doi.org/10.1093/gerona/glaa079>

#### Slide 22 - Interpersonal Relationships

# Foundational Competencies in Older Adult Mental Health

## Common Life Issues

### References

- Silverstein, M., & Bengtson, V. L. (1997). Intergenerational solidarity and the structure of adult child-parent relationships in American families. *American journal of Sociology*, 103(2), 429-60.

#### Slide 23 - Social Isolation and Loneliness

- National Academies of Sciences, Engineering, and Medicine; Division of Behavioral and Social Sciences and Education; Health and Medicine Division; Board on Behavioral, Cognitive, and Sensory Sciences; Board on Health Sciences Policy; Committee on the Health and Medical Dimensions of Social Isolation and Loneliness in Older Adults. (2020). *Social Isolation and Loneliness in Older Adults: Opportunities for the Health Care System*. National Academies Press (US).
- Berg-Weger, M., & Morley, J. E. (2020). Editorial: Loneliness and Social Isolation in Older Adults during the COVID-19 Pandemic: Implications for Gerontological Social Work. *The journal of nutrition, health & aging*, 24(5), 456–458. <https://doi.org/10.1007/s12603-020-1366-8>
- Pressman, S. D., Cohen, S., Miller, G. E., Barkin, A., Rabin, B. S., & Treanor, J. J. (2005). Loneliness, social network size, and immune response to influenza vaccination in college freshmen. [Erratum appears in *Health Psychol.* 2005 Jul; 24(4):348]. *Health Psychology*, 24(3), 297–306.
- Fredriksen-Goldsen, K. I., Kim, H.-J., Emlert, C. A., Muraco, A., Erosheva, E. A., Hoy-Ellis, C. P., Goldsen, J., Petry, H. (2011). The Aging and Health Report: Disparities and Resilience among Lesbian, Gay, Bisexual, and Transgender Older Adults - Key Findings Fact Sheet. Seattle: Institute for Multigenerational Health.
- Cacioppo, J. T., Hawkley, L. C., Norman, G. J., & Berntson, G. G. (2011). Social isolation. *Annals of the New York Academy of Sciences*, 1231(1), 17-22.
- Valtorta, N. K., Kanaan, M., Gilbody, S., & Hanratty, B. (2018). Loneliness, social isolation and risk of cardiovascular disease in the English Longitudinal Study of Ageing. *European journal of preventive cardiology*, 25(13), 1387-1396.
- Brummett, B. H., Barefoot, J. C., Siegler, I. C., Clapp-Channing, N. E., Lytle, B. L., Bosworth, H. B., Williams, R. B., & Mark, D. B. (2001). Characteristics of socially isolated patients with coronary artery disease who are at elevated risk for mortality. *Psychosomatic Medicine*, 63(2), 267–272. <https://doi.org/10.1097/00006842-200103000-00010>
- Health Resources and Services Administration. (2019). The loneliness epidemic. Retrieved from: <https://www.hrsa.gov/enews/past-issues/2019/january-17/loneliness-epidemic>
- Salerno, J. P., Williams, N. D., & Gattamorta, K. A. (2020). LGBTQ populations: Psychologically vulnerable communities in the COVID-19 pandemic. *Psychological Trauma: Theory, Research, Practice, and Policy*, 12(S1), S239.

#### Slide 24 - Grief and Loss

- Knight, B. G. (2004). *Psychotherapy with Older Adults*. SAGE Publications.

#### Slide 28 - Older adults and Chronic Conditions

- Ahmad, F. B., & Anderson, R. N. (2021). The leading causes of death in the US for 2020. *Jama*, 325(18), 1829-1830.
- Salive, M. E. (2013). Multimorbidity in older adults. *Epidemiologic reviews*, 35(1), 75-83.

# Foundational Competencies in Older Adult Mental Health

## Common Life Issues

### References

- U.S. Department of Health & Human Services, Centers for Disease Control and Prevention, HIV and Older Americans, September 2020. Retrieved on December 21, 2020 from <https://www.cdc.gov/hiv/group/age/olderamericans/index.html>
- Richardson, S., Hirsch, J. S., Narasimhan, M., Crawford, J. M., McGinn, T., Davidson, K. W., the Northwell COVID-19 Research Consortium, Barnaby, D. P., Becker, L. B., Chelico, J. D., Cohen, S. L., Cookingham, J., Coppa, K., Diefenbach, M. A., Dominello, A. J., Duer-Hefele, J., Falzon, L., Gitlin, J., Hajizadeh, N., Harvin, T. G., ... Zanos, T. P. (2020). Presenting Characteristics, Comorbidities, and Outcomes Among 5700 Patients Hospitalized With COVID-19 in the New York City Area. *JAMA*, 323(20), 2052–2059. <https://doi.org/10.1001/jama.2020.6775>

#### Slide 29 - Cognitive Impairment

- Glisky, E. L. (2007). Changes in Cognitive Function in Human Aging. In D. R. Riddle (Ed.), *Brain Aging: Models, Methods, and Mechanisms*. CRC Press/Taylor & Francis.
- Harada, C. N., Natelson Love, M. C., & Triebel, K. L. (2013). Normal cognitive aging. *Clinics in geriatric medicine*, 29(4), 737–752. <https://doi.org/10.1016/j.cger.2013.07.002>
- 2021 Alzheimer's disease facts and figures. (2021). *Alzheimer's & dementia : the journal of the Alzheimer's Association*, 17(3), 327–406. <https://doi.org/10.1002/alz.12328>

#### Slide 31 – Long-term Care Facilities

- Centers for Medicare and Medicaid Services (2016). Nursing Home Data Compendium 2015 Edition. Retrieved from [https://www.cms.gov/Medicare/Provider-Enrollment-andCertification/CertificationandCompliance/Downloads/nursinghomedatacompendium\\_508-2015.pdf](https://www.cms.gov/Medicare/Provider-Enrollment-andCertification/CertificationandCompliance/Downloads/nursinghomedatacompendium_508-2015.pdf)
- Justice in Aging, The National LGBT Task Force, Services and Advocacy for GLBT Elders, Lambda Legal, The National Center for Lesbian Rights, The National Center for Transgender Equality (2015). LGBT Older Adults in Long-Term Care Facilities: Stories from the field. Retrieved from <https://www.justiceinaging.org.customers.tigertech.net/wp-content/uploads/2015/06/Stories-from-the-Field.pdf> on 4/12/2019.

#### Slide 33 - Barriers to Accessing Resources for Medical Conditions

- Greenwald, P., Stern, M. E., Clark, S., & Sharma, R. (2018). Older adults and technology: in telehealth, they may not be who you think they are. *International journal of emergency medicine*, 11(1), 2. <https://doi.org/10.1186/s12245-017-0162-7>
- Morley J. E. (2021). Editorial: Telehealth and Geriatrics. *The journal of nutrition, health & aging*, 25(6), 712–713. <https://doi.org/10.1007/s12603-021-1643-1>
- Kalicki, A. V., Moody, K. A., Franzosa, E., Gliatto, P. M., & Ornstein, K. A. (2021). Barriers to telehealth access among homebound older adults. *Journal of the American Geriatrics Society*, 69(9), 2404–2411. <https://doi.org/10.1111/jgs.17163>
- Kutner, M., Greenberg, E., Jin, Y., & Paulsen, C. The Health Literacy of America's Adults: Results from the 2003 National Assessment of Adult Literacy. (2006) U.S. Department of Education. Washington, DC: National Center for Education Statistics. Retrieved from <http://nces.ed.gov/pubsearch/pubsinfo.asp?pubid=2006483>
- Hirko, K. A., Kerver, J. M., Ford, S., Szafranski, C., Beckett, J., Kitchen, C., & Wendling, A. L. (2020). Telehealth in response to the COVID-19 pandemic: Implications for rural health



# Foundational Competencies in Older Adult Mental Health

## Common Life Issues

### References

disparities. *Journal of the American Medical Informatics Association : JAMIA*, 27(11), 1816–1818. <https://doi.org/10.1093/jamia/ocaa156>

#### Slide 36-39 - Advance Directives

- Ford, Z. (2016, March 23). *North Carolina Lawmakers Waste Taxpayer Money To Gut LGBT Protections*. Thinkprogress.Org. Retrieved June 21, 2022, from <https://archive.thinkprogress.org/north-carolina-lawmakers-waste-taxpayer-money-to-gut-lgbt-protections-21f643049a35/>
- Justice in Aging. (2015, June). *LGBT Older Adults In Long-Term Care Facilities: Stories from the Field*. justiceinaging.org. <https://justiceinaging.org/wp-content/uploads/2015/06/Stories-from-the-Field.pdf><http://justiceinaging.org/wp-content/uploads/2015/06/Stories-from-the-Field.pdf>

#### Slide 40 - Resources for Advanced Care Planning

- Patient Priorities Care. (2019, May 15). Homepage. <https://patientprioritiescare.org/>

#### Slide 42 - Barriers to Advance Care Planning

- Yadav, K. N., Gabler, N. B., Cooney, E., Kent, S., Kim, J., Herbst, N., Mante, A., Halpern, S. D., & Courtright, K. R. (2017). Approximately One In Three US Adults Completes Any Type Of Advance Directive For End-Of-Life Care. *Health affairs (Project Hope)*, 36(7), 1244–1251. <https://doi.org/10.1377/hlthaff.2017.0175>
- Sudore, R. L., Schillinger, D., Katen, M. T., Shi, Y., Boscardin, W. J., Osua, S., & Barnes, D. E. (2018). Engaging Diverse English- and Spanish-Speaking Older Adults in Advance Care Planning: The PREPARE Randomized Clinical Trial. *JAMA internal medicine*, 178(12), 1616–1625. <https://doi.org/10.1001/jamainternmed.2018.4657>