

The Morisky 8-Item Medication Adherence Scale

1. Do you sometimes forget to take your high blood pressure pills?
2. Over the past two weeks, were there any days when you did not take your high blood pressure medicine?
3. Have you ever cut back or stopped taking your medication without telling your doctor, because you felt worse when you took it?
4. When you travel or leave home, do you sometimes forget to bring along your medications ?
5. Did you take your high blood pressure medicine yesterday?
6. When you feel like your blood pressure is under control, do you sometimes stop taking your medicine?
7. Taking medication everyday is a real inconvenience for some people. Do you ever feel hassled about sticking to your blood pressure treatment plan?
8. How often do you have difficulty remembering to take all your blood pressure medication?

Alpha Reliability=0.83

Morisky et al. *J Clin Hypertens.* 2008;10(5):348-354

The Morisky 8-Item Medication Adherence Scale

Item	Corrected Item-to-total Correlation
1. Do you sometimes forget to take your high blood pressure pills?	0.4639
2. Over the past two weeks, were there any days when you did not take your high blood pressure medicine?	0.5108
3. Have you ever but back or stopped taking your medication without telling your doctor because you felt worse when you took it?	0.4277
4. When you travel or leave home, do you sometimes forget to bring along your medications?	0.4095
5. Did you take your high blood pressure medicine yesterday?	0.3038
6. When you feel like your blood pressure is under control, do you sometimes stop taking your medicine?	0.5044
7. Taking medication everyday is a real inconvenience for some people. Do you ever feel hassled about sticking to you blood pressure treatment plan?	0.4009
8. How often do you have difficulty remembering to take all of your blood pressure medication?	0.5896

Alpha Reliability = 0.83

Morisky, et al. 2008, *J Clin Hypertens*.