



Dementia

[Alzheimer's Association](#)

1-800-272-3900

[The Alzheimer's Disease Education and Referral Center \(ADEAR\)](#)

1-800-438-4380

[Alzheimer's Greater Los Angeles](#)

[Caregiver's Guide to Understanding Dementia Behaviors](#)

Caring for a loved one with dementia poses many challenges for families and caregivers. People with dementia from conditions such as Alzheimer's and related diseases have a progressive biological *brain* disorder that makes it more and more difficult for them to remember things, think clearly, communicate with others, or take care of themselves. In addition, dementia can cause mood swings and even change a person's personality and behavior. This Fact Sheet provides some practical strategies for dealing with the troubling behavior problems and communication difficulties often encountered when caring for a person with dementia.

[Dementia Fact and Resource Sheets from NIA; many in both English and Spanish](#)

[Dementia Resources for Caregivers](#)

[ElderCare Locator](#)

Welcome to the Eldercare Locator, a public service of the U.S. Administration on Aging connecting you to services for older adults and their families. You can also reach us at 1-800-677-1116.

[Lewy Body Dementia Association](#)

[The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Related Dementias, and Memory Loss](#)

When someone in your family suffers from Alzheimer disease or other related memory loss diseases, both you and your loved one face immense challenges. For over thirty years, this book has been the trusted bible for families affected by dementia disorders. Now completely revised and updated, this guide features the latest information on the causes of dementia, managing the early stages of dementia, the prevention of dementia, and finding appropriate living arrangements for the person who has dementia when home care is no longer an option.

[The Association for Frontotemporal Degeneration](#)

If you have difficulty accessing any of these resources, please email catch-on@rush.edu.

